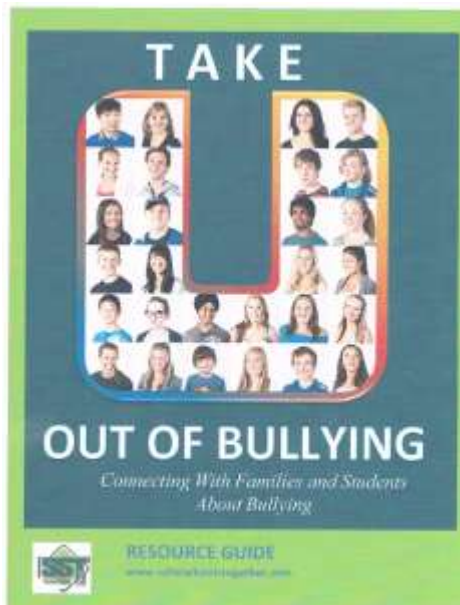


TAKE U OUT OF BULLYING – Resource Guide



Take U Out of Bullying focuses on the connection and sharing of information between students and their parents. It is structured to assist students to expand their knowledge base and develop life skills, relationships, self-esteem, confidence and problem-solving skills. The program was created with a goal of allowing parents an opportunity to experience the sharing of information with their children, other parents and the community.

This program provides strategies for dealing with bullying issues and peer pressure and offers an understanding of current concerns, such as cyber-bullying and the roll that bystanders play. The program encourages parents to realize that bullying is no longer isolated to a school incident or a community issue.

Preventing bullying will occur only when agencies form partnerships to set standards that are generalized, transferred and supported by schools, parents and communities.

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